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by Ruby Tandoh : **Flavour: Eat What You Love**

ISBN : #0701189320 | Date : 2017-11-01

Description :

PDF-5c46d | Organized by ingredient, Flavour helps you to follow your cravings, or whatever you have in the fridge, to a recipe.

Creative, approachable, and inspiring, this is cooking that, while focusing on practicality and affordability, leaves you free to go wherever your appetite takes you. It is a celebration of the joy of cooking and eating. Ruby encourages us to look at the best ways to cook each ingre... *Flavour: Eat What You Love*

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