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by Gino D'Acampo : **Gino's Veg Italia! 100 quick and easy vegetarian recipes**

ISBN : #1444795198 | Date : 2015-06-23

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PDF-a8588 | Healthy Italian recipes from Britain's favorite Italian chef. In his first meat-free cookbook, Gino D'Acampo brings together his favorite dishes. The Italian diet is one of the healthiest in the world. Based on simple fresh vegetables and crisp salads, and flavored with herbs, oils and chili, Italian food offers endless healthy recipes. From simple pasta and gnocchi, pizzas and breads, antipasti and... *Gino's Veg Italia! 100 quick and easy vegetarian recipes*

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