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by Marianna Banks : **Ketogenic Diet: The Essential Ketogenic Diet Cookbook For Beginners - Delicious Ketogenic Recipes To Help You Lose Weight, Regain Confidence, and Heal Your Body (Ketogenic Cleanse)**

ISBN : #1975813693 | Date : 2017-08-25

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PDF-d47ab | Are you considering a diet or are you currently dieting but without success? Are you looking for something different, that will really work? The ketogenic diet is the way forward for many who have tried and failed to lose weight and, with the Ketogenic Diet: The Essential Ketogenic Diet Cookbook for Beginners, you can lose weight while eating the food you like. Inside this fantastic book, you will... *Ketogenic Diet: The Essential Ketogenic Diet Cookbook For Beginners - Delicious Ketogenic Recipes To Help You Lose Weight, Regain Confidence, and Heal Your Body (Ketogenic Cleanse)*

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