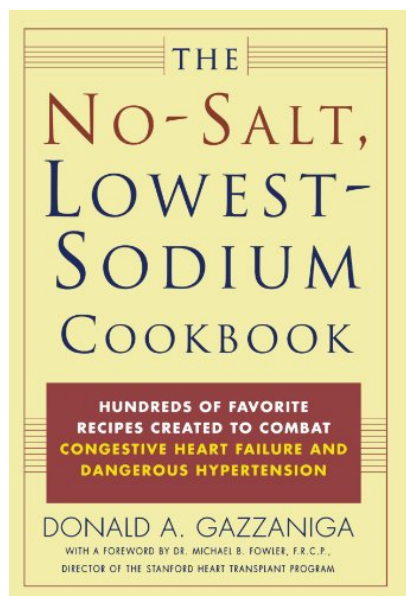


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by Donald A. Gazzaniga : **The No-Salt, Lowest-Sodium Cookbook**

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Description :

PDF-4ce97 | Donald Gazzaniga, diagnosed with congestive heart failure, was headed for a heart transplant - the only effective medical treatment. Urged by his doctor to keep his sodium intake "under 1,500-2000 mg. a day," Don headed for the kitchen and went to work. Aware that cutting out table salt is the barest beginning of a true low-sodium diet, Don devised recipes for delicious low-sodium dishes that adde... *The No-Salt, Lowest-Sodium Cookbook*

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