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Superfood Soups: Fast and Easy Soup and Broth Recipes for Natural Weight Loss and Detox: Healthy Recipes for Weight Loss (Souping, Soup Diet and Cleanse) PDF



by Alissa Noel Grey : **Superfood Soups: Fast and Easy Soup and Broth Recipes for Natural Weight Loss and Detox: Healthy Recipes for Weight Loss (Souping, Soup Diet and Cleanse)**

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Description :

PDF-a6549 | What's for dinner! - Slimming Superfood Soups to Satisfy Your Soul - and Stomach From the author of several bestselling cookbooks, Alissa Noel Grey, comes a great new collection of delicious, easy to make recipes. This time she offers us superfood soup recipes from around the world to rev up your metabolism and boost your nutrition. Simple and easy, soothing and restorative - you are sure to fin... *Superfood Soups: Fast and Easy Soup and Broth Recipes for Natural Weight Loss and Detox: Healthy Recipes for Weight Loss (Souping, Soup Diet and Cleanse)*

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